

Helping Your Shy Cat Adjust To Their Home

Bringing Home Your New Cat:

- Time and patience are the key to helping your new cat adjust to their new home!
- There is no set time frame for when your cat will become comfortable. Go at your cat's pace and respect their boundaries; by doing this you are setting you and your cat up for success!

Set Up for Success!

- A sanctuary room with safe and accessible hiding spots is essential for helping your cat feel safe in their new home! Cubbies make great hiding spots and can be as simple as a box with a hole cut out and blankets inside.
- Once your cat is comfortable, it's time to start exploring! It's helpful to introduce your house in sections and ensure there are hiding spots throughout the home for them to retreat to in case they are feeling unsure.
- Other great tools are Feliway diffusers or spray. Feliway mimics the calming pheromones that a cat produces to help them feel more comfortable and secure.

Building A Positive Relationship:

- To help create a positive relationship between you and your cat start off by offering them treats in their hiding spots and then leaving. This method is called "treat and retreat".
- Talking or reading to your cat and keeping a calm demeanor can make all the difference in helping your cat feel comfortable around you! Remember to keep treats on hand as they are a great way to continue to gain your cat's trust.
- Keep an eye on your cat's body language. If they appear distressed or threatened it is better to switch to hands off socialization.

Remember that what may seem like a little progress is actually a huge step to building a great relationship with your cat!

