

# How to use a snuffle mat:



## Dogs love to sniff and hunt.

They can smell up to 10,000 times better than us!

Also, did you know sniffing can be calming and using their mind can drain energy and give them feel-good hormones?

Your dog will LOVE the snuffle mat - it's a great opportunity to use that awesome nose!

## How to use your new snuffle mat:

- Put 5–10 tiny smelly treats in the mat and tell your dog to go "find it". Do this twice a day for 2–3 days.
- Once he has the idea, add a few smelly treats and some of his daily kibble.
- Eventually, you can put an entire meal in the snuffle mat and he'll be happily hunting for his meals.
- Use only dry foods for your snuffle mat.
- The first few times you use the snuffle mat, make sure to stay with your dog to make sure he doesn't chew the fleece.
- Also, do not leave the snuffle mat down. This is a special toy/treat. You can use it to ask your dog to sit, as a great distraction when you have company or are busy, or any number of ways to provide entertainment for your dog!
- You can shake out your snuffle mat and occasionally wash on a gentle cycle and air dry.



**Happy Sniffing!**